

## News Release

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## Third Case of COVID-19 Confirmed in Taylor County

The Iowa Department of Public Health (IDPH) and Taylor County Public Health have identified 1 additional case of COVID-19 in the county. The individual is adult aged (age 18-40).

"Preventative measures are key to slow the spread," said Taylor County Public Health Director Joan Gallagher. "It's important for everyone to stay home as much as possible and only leave for essential errands like getting groceries or medications. When you run these errands, send only one person from the household, if possible."

If you are experiencing any symptoms, call your health care provider before going into the office. The provider may have special instructions for you and will determine if you should be tested.

Persons with symptoms of COVID-19 should self-isolate (regardless of whether they were tested for COVID-19) until after these three things have happened:

- They have had no fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers) <u>AND</u>
- Their other symptoms have improved (for example, when your cough or shortness of breath has improved) **AND**
- At least 10 days have passed since their symptoms first appeared.

Persons who test positive for COVID-19 but do not experience symptoms should self-isolate until:

- At least 10 days have passed since the date of the first positive test AND
- They continue to have no symptoms (no cough or shortness of breath) since the test.

For more information on COVID-19 in Iowa, visit the IDPH webpage at https://idph.iowa.gove/Emerging-Health-Issues/Novel-Coronovirus

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